## CCA Medicare Ultima (HMO) offered by CCA Health Michigan

## **Annual Notice of Changes for 2023**

You are currently enrolled as a member of Reliance Cardinal Plan. Next year, there will be changes to the plan's costs and benefits. *Please see page 5 for a Summary of Important Costs, including Premium.* 

This document tells about the changes to your plan. To get more information about costs, benefits, or rules please review the *Evidence of Coverage*, which is located on our website at <a href="https://www.ccahealthmi.org">www.ccahealthmi.org</a>. You may also call Member Services to ask us to mail you an *Evidence of Coverage*.)

• You have from October 15 until December 7 to make changes to your Medicare coverage for next year.

#### What to do now

1.	ASK: Which changes apply to you
	Check the changes to our benefits and costs to see if they affect you.
	• Review the changes to Medical care costs (doctor, hospital).
	• Review the changes to our drug coverage, including authorization requirements and costs.
	• Think about how much you will spend on premiums, deductibles, and cost sharing.
	Check the changes in the 2023 Drug List to make sure the drugs you currently take are still covered.
	Check to see if your primary care doctors, specialists, hospitals and other providers, including pharmacies will be in our network next year.
	Think about whether you are happy with our plan.
2.	COMPARE: Learn about other plan choices
	Check coverage and costs of plans in your area. Use the Medicare Plan Finder at <a href="https://www.medicare.gov/plan-compare">www.medicare.gov/plan-compare</a> website or review the list in the back of your <a href="https://www.medicare.gov/plan-compare">Medicare &amp; You 2023 handbook.</a>
	Once you narrow your choice to a preferred plan, confirm your costs and coverage on the plan's website.

- 3. CHOOSE: Decide whether you want to change your plan
  - If you don't join another plan by December 7, 2022, you will stay in CCA Health Michigan.
  - To change to a **different plan**, you can switch plans between October 15 and December 7. Your new coverage will start on **January 1**, **2023**. This will end your enrollment with CCA Health Michigan.
  - If you recently moved into, currently live in, or just moved out of an institution (like a skilled nursing facility or long-term care hospital), you can switch plans or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time.

#### **Additional Resources**

- Please contact our Member Services number at 855-959-5855 for additional information. (TTY users should call711.) Hours are between October 1-March 31: Seven Days a week from 8:00a.m.-8:00p.m. Eastern. April 1-September 30: Monday-Friday from 8:00a.m.-8:00p.m ET.
- We can also give you information in braille, in large print, or other alternate formats at no cost if you need it.
- Coverage under this Plan qualifies as Qualifying Health Coverage (QHC) and satisfies the Patient Protection and Affordable Care Act's (ACA) individual shared responsibility requirement. Please visit the Internal Revenue Service (IRS) website at <a href="https://www.irs.gov/Affordable-Care-Act/Individuals-and-Families">www.irs.gov/Affordable-Care-Act/Individuals-and-Families</a> for more information.

#### **About CCA Medicare Ultima**

- CCA Health Michigan is an HMO with a Medicare contract. Enrollment in CCA Health Michigan depends on contract renewal.
- When this document says "we," "us," or "our," it means CCA Health Michigan. When it says "plan" or "our plan," it means CCA Medicare Ultima.

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## **Summary of Important Costs for 2023**

The table below compares the 2022 costs and 2023 costs for CCA Medicare Ultima in several important areas. **Please note this is only a summary of costs**.

Cost	2022 (this year)	2023 (next year)
Monthly plan premium*	\$40	\$40
* Your premium may be higher or lower than this amount. See Section 3.1 for details.		
Maximum out-of-pocket amount	\$4,500	\$4,500
This is the <u>most</u> you will pay out-of-pocket for your covered services.		
(See Section 3.2 for details.)		
Doctor office visits	Primary care visits: \$0 per visit	Primary care visits: \$0 per visit
	Specialist visits\$0 per visit	Specialist visits: \$0 per visit
Inpatient hospital stays	\$300 copay per day for days 1 – 6	\$295 copay per day for days 1 – 6
	\$0 per day for days 7 - 90	\$0 per day for days 7 - 90

Cost	2022 (this year)	2023 (next year)
Part D prescription drug coverage	Deductible: \$0	Deductible: \$0
(See Section 3.5 for details.)	Copayment/Coinsurance during the Initial Coverage Stage:	Copayment/Coinsurance during the Initial Coverage Stage:
	<ul> <li>Drug Tier 1: Standard: \$6 Preferred: \$2</li> <li>Drug Tier 2 Standard: \$15 Preferred: \$10</li> <li>Drug Tier 3: Standard: \$47 Preferred: \$47</li> <li>Drug Tier 4: Standard: \$100 Preferred: \$100</li> <li>Drug Tier 5: Standard: 30%</li> <li>Preferred: 30%</li> </ul>	<ul> <li>Drug Tier 1:     Standard: \$6     Preferred: \$0</li> <li>Drug Tier 2     Standard: \$15     Preferred: \$0</li> <li>Drug Tier 3:     Standard: \$47     Preferred: \$47</li> <li>Drug Tier 4:     Standard: \$100     Preferred: \$100</li> <li>Drug Tier 5:     Standard: 30%</li> <li>Preferred: 30%</li> </ul>

#### **SECTION 1 We Are Changing the Plan's Name**

On January 1, 2023, our plan name will change from Reliance Cardinal Plan to CCA Medicare Ultima.

This name change will not impact any other communications you receive from us. You will receive a new member ID card in the mail in December 2022.

## SECTION 2 Unless You Choose Another Plan, You Will Be Automatically Enrolled in CCA Medicare Ultima in 2023

If you do nothing by December 7, 2022, we will automatically enroll you in our CCA Medicare Ultima. This means starting January 1, 2023, you will be getting your medical and prescription drug coverage through CCA Medicare Ultima. If you want to change plans or switch to Original Medicare, you must do so between October 15 and December 7. If you are eligible for "Extra Help," you may be able to change plans during other times.

#### **SECTION 3 Changes to Benefits and Costs for Next Year**

## Section 3.1 – Changes to the Monthly Premium

Cost	2022 (this year)	2023 (next year)
Monthly premium (You must also continue to pay your Medicare Part B premium.)	\$40	\$40

- Your monthly plan premium will be *more* if you are required to pay a lifetime Part D late enrollment penalty for going without other drug coverage that is at least as good as Medicare drug coverage (also referred to as "creditable coverage") for 63 days or more.
- If you have a higher income, you may have to pay an additional amount each month directly to the government for your Medicare prescription drug coverage.

## **Section 3.2 – Changes to Your Maximum Out-of-Pocket Amount**

Medicare requires all health plans to limit how much you pay "out-of-pocket" for the year. This limit is called the "maximum out-of-pocket amount." Once you reach this amount, you generally pay nothing for covered services for the rest of the year.

Cost	<b>2022</b> (this year)	2023 (next year)
Maximum out-of-pocket amount	\$4,500	\$4,500
Your costs for covered medical services (such as copays) count toward your maximum out-of-pocket amount. Your costs for prescription drugs do not count toward your maximum out-of-pocket amount.		Once you have paid \$4,500 out-of-pocket for covered services, you will pay nothing for your covered services for the rest of the calendar year.

#### Section 3.3 - Changes to the Provider and Pharmacy Networks

Updated directories are located on our website at <u>www.ccahealthmi.org</u>. You may also call Member Services for updated provider and/or pharmacy information or to ask us to mail you a *directory*.

There are changes to our network of providers for next year. Please review the 2023 Provider Directory to see if your providers (primary care provider, specialists, hospitals, etc.) are in our network.

There are changes to our network of pharmacies for next year. Please review the 2023 *Pharmacy Directory* to see which pharmacies are in our network.

It is important that you know that we may make changes to the hospitals, doctors and specialists (providers), and pharmacies that are part of your plan during the year. If a mid-year change in our providers affects you, please contact Member Services so we may assist.

## Section 3.4 - Changes to Benefits and Costs for Medical Services

We are making changes to costs and benefits for certain medical services next year. The information below describes these changes.

Cost	2022 (this year)	2023 (next year)
Inpatient Hospital Services	You pay a \$300 copay per day for days 1 - 6.	You pay a \$295 copay per day for days 1 - 6.
Psychiatric Inpatient Hospital Services	You pay a \$300 copay per day for days 1 - 6.	You pay a \$295 copay per day for days 1 - 6.

Cost	2022 (this year)	2023 (next year)
Pulmonary Rehabilitation Services	You pay a \$30 copay per visit.	You pay a \$20 copay per visit.
Routine Chiropractic Services	You pay \$0.	You pay a \$20 copay per visit up to 20 visits per year for Chiropractic and therapeutic massage services.
		You pay \$0 copay per visit for Medicare covered acupuncture.
Opioid Treatment Program Services	You pay a \$30 copay per visit.	You pay \$0.
Outpatient Substance Abuse Services	You pay a \$30 copay per visit for individual and group sessions.	You pay \$0 for individual and group sessions.
Transportation (Routine)	You pay \$0 for unlimited round trips from home to your PCP's office after hospitalization.	You pay \$0 for 1 trip to your primary care physician/behavioral health physician after each hospitalization.
Over-the-Counter Items	You may purchase up to \$375 every year of certain OTC items.	You may purchase up to \$200 of certain OTC items quarterly (every three months).
		Unused amounts cannot be carried over from one quarter to the next.
In-Home Support Services	You pay \$0 for a companion benefit for assistance with transportation and house chores. Limited to 8 hours of companionship per month.	You pay \$0 for up to 60 hours per year for assistance with transportation, grocery shopping, medication pick up, doctor appointments, technical guidance, care gap reminders, light housekeeping help, light exercise, and activity.

Preventive Dental Services	There is no annual maximum for preventive dental services.	We cover a maximum of \$3,500 per year for preventive and comprehensive dental services combined.
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Cost	2022 (this year)	2023 (next year)
Comprehensive Dental Services	You pay \$0 for Medicare- covered comprehensive dental services.	You pay 20% of the total cost for Medicare-covered comprehensive dental services.
	Full mouth debridement is not covered.	Full mouth debridement is covered once per lifetime.
	You pay \$0 for restorative services.	You pay 50% of the total cost for restorative services.
	Endodontic services are not covered.	You pay 75% of the total cost for endodontic services.
	You pay \$0 for extractions.	You pay 50% of the total cost for extractions.
	Prosthodontic / Oral/Maxillofacial Surgery services are not covered.	You pay 0 - 50% coinsurance for Prosthodontic / Oral/Maxillofacial Surgery services.
		Coinsurance ranges based on service received. For example, you pay \$0 for emergency palliative treatment. You pay 50% coinsurance for dentures/denture relines and repairs. Full and partial dentures are limited to once in a five-year period.
	We cover a maximum of \$2,500 per year for comprehensive dental services.	We cover a maximum of \$3,500 per year for preventive and comprehensive dental services combined.

Vision Benefit	You receive a \$200 pre- paid Mastercard to use towards the cost of routine eye exams, routine lenses/frames, contact lenses, and eyewear upgrades.	You receive a \$250 prepaid Visa card to use towards the cost of routine eye exams, routine lenses/frames, contact lenses, and eyewear upgrades.
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Cost	2022 (this year)	2023 (next year)
Hearing Aids	We pay up to \$1,000 for up to two hearing aids per year.	We cover up to 2 hearing aids (1 per ear) every year.
	•	There is a \$2,000 benefit limit per year for up to 2 hearing aids (1 per ear).

## Section 3.5 - Changes to Part D Prescription Drug Coverage

#### **Changes to Our Drug List**

Our list of covered drugs is called a Formulary or "Drug List." A copy of our Drug List is provided electronically. The Drug List includes many – but not all – of the drugs that we will cover next year. If you don't see your drug on this list, it might still be covered. **You can get the** *complete* **Drug List** by calling Member Services (see the back cover) or visiting our website (www.ccahealthmi.org).

We made changes to our Drug List, including changes to the drugs we cover and changes to the restrictions that apply to our coverage for certain drugs. Review the Drug List to make sure your drugs will be covered next year and to see if there will be any restrictions.

Most of the changes in the Drug List are new for the beginning of each year. However, during the year, we might make other changes that are allowed by Medicare rules. For instance, we can immediately remove drugs considered unsafe by the FDA or withdrawn from the market by a product manufacturer. We update our online Drug List to provide the most up to date list of drugs.

If you are affected by a change in drug coverage at the beginning of the year or during the year, please review Chapter 9 of your Evidence of Coverage and talk to your doctor to find out your options, such as asking for a temporary supply, applying for an exception and/or working to find a new drug. You can also contact Member Services for more information.

#### **Changes to Prescription Drug Costs**

**Note:** If you are in a program that helps pay for your drugs ("Extra Help"), **the information about costs for Part D prescription drugs may not apply to you.** We sent you a separate insert, called the "Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs" (also called the "Low Income Subsidy Rider" or the "LIS Rider"), which tells you about your drug costs. If you receive "Extra Help" and you haven't received this insert by October 1, 2022, please call Member Services and ask for the "LIS Rider."

There are four "drug payment stages."

The information below shows the changes to the first two stages – the Yearly Deductible Stage and the Initial Coverage Stage. (Most members do not reach the other two stages – the Coverage Gap Stage or the Catastrophic Coverage Stage.)

**Important Message About What You Pay for Vaccines** - Our plan covers most Part D vaccines at no cost to you. Call Member Services for more information.

Important Message About What You Pay for Insulin - You won't pay more than \$10 for a one-month supply of each insulin product covered by our plan, no matter what cost-sharing tier it's on.

Getting Help from Medicare - If you chose this plan because you were looking for insulin coverage at \$35 a month or less, it is important to know that you may have other options available to you for 2023 at even lower costs because of changes to the Medicare Part D program. Contact Medicare, at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week for help comparing your options. TTY users should call 1-877-486-2048.

**Additional Resources to Help** – Please contact our Member Services number at 855-959-5855 for additional information. (TTY users should call 711.) Hours are between October 1-March 31: Seven Days a week from 8:00 a.m.-8:00 p.m. ET. April 1-September 30: Monday-Friday from 8:00 a.m.-8:00 p.m ET.

#### **Changes to the Deductible Stage**

Stage	2022 (this year)	2023 (next year)
Stage 1: Yearly Deductible Stage	Because we have no deductible, this payment stage does not apply to you.	Because we have no deductible, this payment stage does not apply to you.

## Changes to Your Cost Sharing in the Initial Coverage Stage

Stage	<b>2022</b> (this year)	2023 (next year)
Stage 2: Initial Coverage Stage During this stage, the plan pays its share of the cost of your drugs, and you pay your share of the cost.  The costs in this row are for a onemonth (30-day) supply when you fill your prescription at a network pharmacy. For information about the costs for a long-term supply or for mail-order prescriptions, look in Chapter 6, Section 5 of your Evidence of Coverage.  We changed the tier for some of	Your cost for a one-month supply at a network pharmacy:	Your cost for a one-month supply at a network pharmacy:
	Tier 1 Preferred Generic:	Tier 1 Preferred Generic:
	Standard cost sharing: You pay \$6 per prescription.	Standard cost sharing: You pay \$6 per prescription.
	Preferred cost sharing: You pay \$2 per prescription.	Preferred cost sharing: You pay \$0 per prescription.
	Tier 2 Generic:	Tier 2 Generic:
	Standard cost sharing: You pay \$15 per prescription.	Standard cost sharing: You pay \$15 per prescription.
	Preferred cost sharing: You pay \$10 per prescription.	Preferred cost sharing: You pay \$0 per prescription.
the drugs on our Drug List. To see	Tier 3 Preferred Brand:	Tier 3 Preferred Brand:
if your drugs will be in a different tier, look them up on the Drug List.	Standard cost sharing: You pay \$47 per prescription.	Standard cost sharing: You pay \$47 per prescription.
	Preferred cost sharing: You pay \$47 per prescription.	Preferred cost sharing: You pay \$47 per prescription.
	Tier 4 Non-Preferred Drug:	Tier 4 Non-Preferred Drug:
	Standard cost sharing: You pay \$100 per prescription.	Standard cost sharing: You pay \$100 per prescription.
	Preferred cost sharing: You pay \$100 per prescription.	Preferred cost sharing: You pay \$100 per prescription.
	Tier 5 Specialty Tier:	Tier 5 Specialty Tier:
	Standard cost sharing: You pay 30% of the total cost.	Standard cost sharing: You pay 30% of the total cost.
	<i>Preferred cost sharing:</i> You pay 30% of the total cost.	Preferred cost sharing: You pay 30% of the total cost.
	Once your total drug costs have reached \$4,430, you will move to the next stage (the Coverage Gap Stage).	Once your total drug costs have reached \$4,660, you will move to the next stage (the Coverage Gap Stage).

## **SECTION 4 Administrative Changes**

Description	2022 (this year)	2023 (next year)
Vision Benefit	NationsBenefit administers the pre- paid Mastercard that can be used for routine vision services.	Incomm administers the pre-paid Visa card that can be used for routine vision services.
Meals After Hospitalization	This benefit is administered by NationsBenefit.	This benefit is administered by Mom's Meals.
Routine Transportation Benefit	This benefit is administered by Reliance HMO, Inc.	This benefit will be administered by Kaizen.
Over-the-Counter Items	This benefit is administered by NationsBenefit.	This benefit is administered by Incomm.
Cost-sharing in the Coverage Gap	We do not provide any coverage in the Coverage Gap.	You pay \$0 for drugs on Tier 1 and Tier 2 in the Coverage Gap.
Website	www.RelianceMedicareAdvantage.org	www.ccahealthmi.org

## **SECTION 5 Deciding Which Plan to Choose**

## Section 5.1 - If you want to stay in CCA Medicare Ultima

To stay in our plan, you don't need to do anything. If you do not sign up for a different plan or change to Original Medicare by December 7, you will automatically be enrolled in our CCA Medicare Ultima.

## Section 5.2 – If you want to change plans

We hope to keep you as a member next year but if you want to change plans for 2023 follow these steps:

#### Step 1: Learn about and compare your choices

- You can join a different Medicare health plan,
- *OR*-- You can change to Original Medicare. If you change to Original Medicare, you will need to decide whether to join a Medicare drug plan. If you do not enroll in a Medicare drug plan, please see Section 2.1 regarding a potential Part D late enrollment penalty.

To learn more about Original Medicare and the different types of Medicare plans, use the Medicare Plan Finder (<a href="www.medicare.gov/plan-compare">www.medicare.gov/plan-compare</a>), read the Medicare & You 2023 handbook, call your State Health Insurance Assistance Program (see Section 7), or call Medicare (see Section 9.2). As a reminder, CCA Health Michigan) offers other Medicare prescription drug plans. These other plans may differ in coverage, monthly premiums, and cost-sharing amounts.

#### Step 2: Change your coverage

- To change to a different Medicare health plan, enroll in the new plan. You will automatically be disenrolled from CCA Medicare Ultima.
- To change to Original Medicare with a prescription drug plan, enroll in the new drug plan. You will automatically be disenrolled from CCA Medicare Ultima.
- To change to Original Medicare without a prescription drug plan, you must either:
  - Send us a written request to disenroll. Contact Member Services if you need more information on how to do so.
  - $\circ$  or Contact **Medicare**, at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week, and ask to be disenrolled. TTY users should call 1-877-486-2048.

## **SECTION 6 Deadline for Changing Plans**

If you want to change to a different plan or to Original Medicare for next year, you can do it from **October 15 until December 7.** The change will take effect on January 1, 2023.

#### Are there other times of the year to make a change?

In certain situations, changes are also allowed at other times of the year. Examples include people with Medicaid, those who get "Extra Help" paying for their drugs, those who have or are leaving employer coverage, and those who move out of the service area.

If you enrolled in a Medicare Advantage plan for January 1, 2023, and don't like your plan choice, you can switch to another Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without Medicare prescription drug coverage) between January 1 and March 31, 2023.

If you recently moved into, currently live in, or just moved out of an institution (like a skilled nursing facility or long-term care hospital), you can change your Medicare coverage **at any time**. You can change to any other Medicare health plan (either with or without Medicare prescription

drug coverage) or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time.

#### **SECTION 7 Programs That Offer Free Counseling about Medicare**

The State Health Insurance Assistance Program (SHIP) is an independent government program with trained counselors in every state. In Michigan, the SHIP is called Michigan Medicare/Medicaid Assistance Program (MMAP).

It is a state program that gets money from the Federal government to give **free** local health insurance counseling to people with Medicare. MMAP counselors can help you with your Medicare questions or problems. They can help you understand your Medicare plan choices and answer questions about switching plans. You can call MMAP at 1-800-803-7174. You can learn more about MMAP by visiting their website (<u>www.mmapinc.org</u>).

#### **SECTION 8 Programs That Help Pay for Prescription Drugs**

You may qualify for help paying for prescription drugs.

- "Extra Help" from Medicare. People with limited incomes may qualify for "Extra Help" to pay for their prescription drug costs. If you qualify, Medicare could pay up to 75% or more of your drug costs including monthly prescription drug premiums, annual deductibles, and coinsurance. Additionally, those who qualify will not have a coverage gap or late enrollment penalty. To see if you qualify, call:
  - 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day/7 days a week;
  - o The Social Security Office at 1-800-772-1213 between 8 am and 7 pm, Monday through Friday for a representative. Automated messages are available 24 hours a day. TTY users should call, 1-800-325-0778; or
  - Your State Medicaid Office (applications).
- Prescription Cost-sharing Assistance for Persons with HIV/AIDS. The AIDS Drug Assistance Program (ADAP) helps ensure that ADAP-eligible individuals living with HIV/AIDS have access to life-saving HIV medications. Individuals must meet certain criteria, including proof of State residence and HIV status, low income as defined by the State, and uninsured/under-insured status. Medicare Part D prescription drugs that are also covered by ADAP qualify for prescription cost-sharing assistance through the Michigan HIV/AIDS Drug Assistance Program (MIDAP). For information on eligibility criteria, covered drugs, or how to enroll in the program, please call 1-888-826-6565, Monday through Friday 9:00 a.m. to 5:00 p.m.

#### **SECTION 9 Questions?**

#### Section 9.1 – Getting Help from CCA Medicare Ultima

Questions? We're here to help. Please call Member Services at 855-959-5855. (TTY only, call 711). We are available for phone calls between October 1 - March 31: Seven Days a week from 8:00a.m.-8:00p.m. ET. April 1 - September 30: Monday-Friday from 8:00a.m.-8:00p.m ET. Calls to these numbers are free.

## Read your 2023 Evidence of Coverage (it has details about next year's benefits and costs)

This Annual Notice of Changes gives you a summary of changes in your benefits and costs for 2023. For details, look in the 2023 Evidence of Coverage for CCA Medicare Ultima. The Evidence of Coverage is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. A copy of the Evidence of Coverage is located on our website at <a href="https://www.ccahealthmi.org">www.ccahealthmi.org</a>. You may also call Member Services to ask us to mail you an Evidence of Coverage.

#### Visit our Website

You can also visit our website at <u>www.ccahealthmi.org</u>. As a reminder, our website has the most up-to-date information about our provider network (*Provider Directory*) and our list of covered drugs (Formulary/Drug List).

## Section 9.2 - Getting Help from Medicare

To get information directly from Medicare:

#### Call 1-800-MEDICARE (1-800-633-4227)

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

#### **Visit the Medicare Website**

Visit the Medicare website (<u>www.medicare.gov</u>). It has information about cost, coverage, and quality Star Ratings to help you compare Medicare health plans in your area. To view the information about plans, go to <u>www.medicare.gov/plan-compare</u>.

#### Read Medicare & You 2023

Read the *Medicare & You 2023* handbook. Every fall, this booklet is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don't have a copy of this document, you can get it at the Medicare website (<a href="https://www.medicare.gov/Pubs/pdf/10050-medicare-and-you.pdf">https://www.medicare.gov/Pubs/pdf/10050-medicare-and-you.pdf</a>.) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.